

AB-Inforcer® Testimonials



- “ The AB-Inforcer® is a clinical time saving tool which adds 3 powerful values in one machine to any training facility: Functional Core Training with Feedback, Functional assessment for reliable testing, and ROM training in a neutral spine postures. ”
- **Dr. Donald A. Chu, Ph.D., ATC, PT, CSCS, NSCA-PT, A leading authority in Sports Medicine.**
- “ As a doctor specializing in Spinal Stenosis and Disc Disease, torso stability is essential. The proper balance between right and left and abdominal and back muscles is necessary to protect the disc and allow maximum space in the spinal canal. The concept of strengthening combined with bio-feedback is a great idea and is a very helpful part of my treatment plan. ”
- **Rick H. Morris, D.C., C.C.S.P., Q.M.E., A.B.A.A.H.P.**
- “ The AB-Inforcer® has helped me develop the musculature and create awareness around my posture to improve my golf swing and keep my spine more biomechanically neutral throughout my entire swing. I now hit the ball farther and straighter than ever. ”
- **Jeffrey J. Litow, M.D. FACEP**
- “ This biofeedback technology (the AB-Inforcer®) is a pre-step to all functional movement patterns. ”
- **Daniel W. Jones PhD RKT, Associate Professor, Cal State Long Beach**
- “ A great tool in our training arsenal. ”
- **Pepper Burruss, Head ATC for the Green Bay Packers**
- “ This is the wave of the future for training your core strength. It (the AB-Inforcer®) will ultimately result in maximum performance and control through the desired sport movement/activity. ”
- **Joe Prokop, NFL Alumni: NY Jets, San Francisco 49er's, Miami Dolphins, Green Bay Packers**
- “ The AB-Inforcer® will become a major tool in sports and fitness rehabilitation. It will help your athletes accomplish world class performances. ”
- **Harry Sneider, Ph.D. Olympic coach, Member of the Governors Council on Physical Fitness and Sports, 2007-2008.**
- “ The experience (of training on the AB-Inforcer®) has focused my brain on "keeping my lights on" at virtually all times and it has had an immediate, positive influence on my training. ”
- **Dwight Stones, 10 x World Record holder - High Jump, 3 x Olympian, 2 x Bronze Medalist, Olympic Commentator for Track and Field**
- “ For those who are interested in training the deep abdominal musculature, the AB-Inforcer® is a great piece. I really like the built in feedback concept. ”
- **Michael Boyle, C.S.C.S. Strength and Conditioning Coach: Boston Bruins**
- “ Brilliant and Simple! We are better because of you! ”
- **Sue Enquist, UCLA Softball, 11 time National Champions**
- “ Half the battle is awareness. It has helped 10 fold with form improvement. It is a lot harder than it looks and most athletes cannot believe they are sweating. The benefit of developing awareness of postural stability and core strength is truly enhanced by this strength training instrument. ”
- **Diane Vives, MS, NSCA-CSCS*D,-PES**
- “ Unbelievable results using the AB-Inforcer® in our strength training circuit over a 16 week training period. 95% of our team improved markedly. I have now used it at two Universities with the same astounding results! ”
- **Brett Wilmott, CSCS Head Strength Coach at Plattsburgh State and University of Vermont Track and Field Coach.**
- “ The AB-Inforcer® has become an integral part of my core strengthening regime for ski racing. The results were immediate. ”
- **Stephani Victor, 2006 Paralympics Gold Medalist, 2002 Bronze Medalist, World Champion**
- “ The feedback is positive because they have to work harder on their brace and I love the instant feedback...For guys who need the extra (core) work, it is perfect to just have them go and do it during the workout. ”
- **Sean Skahan, M.Ed., C.S.C.S., Strength and Conditioning Coach: Anaheim Ducks**
- “ A Great cost effective tool for therapeutic training. ”
- **Ethan Ezaki, DPT Clinic Director**
- “ Lee Brandon and the AB- Inforcer® redefine core stabilization and core strength. The AB- Inforcer® changed the way I teach and the way I "brace" my core in a fun and progressive program. It is the missing link to get quantitative feedback for a core stabilization and strength program. ”
- **Steve Jordan, BS, CSCS, PES, CPT, Power Plate Level II**